

UNIT SPECIFICATION				
Unit title: CARE OF CLIENTS WITH LONG TERM CONDITIONS				
Level	Level 6	Credit value	20 (10 ECTS)	
Is this a common unit?		No	Expected contact hours for unit	30
Pre and co-requisites None				
Aims The aim of this unit to to equip students with the knowledge and skills to recognise, assess and manage clients with a range of long term conditions. It will enable the student to evaluate the evidence base for practice and critically reflect on their encounters with clients.				
Intended learning outcomes (ILOs) Having completed this unit the student is expected to: <div><div>1.</div><div>Articulate their own role in relation to the needs of clients presenting with long term conditions</div></div> <div><div>2.</div><div>Develop a knowledge and understanding of the pathophysiology of a range of long term conditions</div></div> <div><div>3.</div><div>Recognise and respond to a range of long term of conditions including those affecting systems such as the cardiovascular, respiratory and musculo-skeletal systems and endocrine.</div></div> <div><div>4.</div><div>Critically appraise the evidence base and tools available to implement care for those with long term conditions</div></div> <div><div>5.</div><div>Evaluate the current care provided and use the information to undertake a quality improvement initiative to develop and enhance the service provided by Practice Nurses, thereby advancing their practice through critical reflection of their personal encounters with clients.</div></div>				
Learning and teaching methods The unit will comprise a combination of teaching and learning methods including key lectures, case studies and patient reviews from practice, group seminars, videos and structured reflection.				
Assessment				
Formative assessment/feedback : Group discussion and tutorial support for assessment submission				
Summative assessment ILOs 1-5 will be assessed by 100% coursework			Indicative assessment Students will reflect on the care that they gave to one patient with a long term condition in their clinical practice. The reflective essay will be 3,000 words in total and include the stages of assessment, investigation, diagnosis, treatment and evaluation	
Indicative unit content				

- Reflective writing
- Motivational Interviewing
- Accountability
- History Taking and Physical Examination
- Respiratory conditions
- Cardiovascular conditions
- Dementia and depression
- Metabolic syndrome
- Anaemia of Long Term disease
- Acute and Chronic Kidney disease
- Frailty
- Osteoporosis
- Deteriorating patient

Indicative learning resources

Allman, E., Berry, D., and Nasir, L. 2009. Depression and coping in heart failure patients: a review of the Literature, *Journal Cardiovascular nursing*; 24 (2); 106-117

British Geriatric Society. 2014. *Fit For Frailty*, London: BGS

British Thoracic Society & Scottish Intercollegiate Network. 2012. *British Guidelines on the Management of Asthma*, Glasgow: Health Improvement Scotland

Coulter, A., and Collins, A.. 2011: *Making shared decision- making a reality. No decision about me, without me*. London: Kings Fund.

Global Strategy for Diagnosis. 2016. *Management, and Prevention of COPD*

Scottish Intercollegiate Guidelines Network. 2008. *Diagnosis & Management of Chronic Kidney Disease 103*. Edinburgh: SIGN

IPSOS MORI. 2014. *Understanding the Lives of People Living with Frailty*

Kenealy, T., Docherty, B., Sheridan, N. and Gao, R. 2010. Seeing patients first: creating an opportunity for practice nurse care? *Journal of Primary Health Care* 2, 136–41.

National Institute for Health and Care Excellence. 2011. *Hypertension: Clinical Management Hypertension in Adults*, NICE Guideline 127, London: NICE

National Institute for Health and Care Excellence. 2011. *Hypertension in Adults: Diagnosis and Management*. NICE Guideline (CG127), London: NICE

National Institute for Health and Care Excellence. 2010. *Chronic Heart Failure. Management of chronic heart failure in adults in primary and secondary care*. NICE Guideline No 5. London: NICE (www.nice.org.uk)

National Institute for Health and Care Excellence. 2010. *Chronic obstructive pulmonary disease in over 16s: diagnosis and management*, NICE Guideline CG101, London :NICE

National Institute for Health and Care Excellence. 2012. *Peripheral arterial disease: diagnosis and management*, NICE Guideline CG 147, London: NICE

Oliver, D., Foot, C., and Hunt, R. 2014. *Making our Health & Care systems fit for an ageing population*. London: Kings Fund

Royal College of Nursing. 2014. *Nurse employed by GPs* London: RCN

Royal College of Nursing. 2014. *Accountability and Delegation: A guide for the Nursing Team*, London: RCN

Royal College Physicians. 2014. *Why Asthma still Kills: The National review of Asthma Deaths, confidential*

Enquiry report. London: RCP

**Unit
number**

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**Version
number**

1.1

**Date effective
from**

Sep 2019